



TWO SENTINELS GIRL SCOUT CAMP

P.O. Box 10906 Pleasanton, CA 94588 • twosentinels@gmail.com • (925) 289-9469

Trekkers/Superpackers Confirmation Packet 2023

Welcome to Two Sentinels! Read through this entire packet--it includes lots of information and advice and answers to many of the questions you may have about Two Sentinels and attending a resident camp. All paperwork must be scanned and uploaded to Ultracamp or mailed--we can't accept faxes. [Contact us](#) if you have any questions!

Important 2023 Dates

Virtual Backpacking Prep Meeting	April 23 3PM
Health form and fees due	May 15
Superpackers	July 9-26
Trekkers	July 19-Aug 5

Important Documents

- Attached physician clearance song (new!)
- Attached packing lists for in camp and backpacking trip
- [Backpacking Gear Guide](#)

Countdown to Camp

<input type="checkbox"/>	Now	Schedule physical exam. Every camper must submit a physician clearance form signed by their doctor by May 15. Schedule your appointment now and ensure the health history (in Ultracamp's document center) is up to date.
<input type="checkbox"/>	April 23 3PM	Virtual backpacking prep meetings for all Fireflies, Trekkers, and Superpackers. Details and ZOOM link to come!
<input type="checkbox"/>	May 15	Physician clearance form and fees due. Pay and submit forms in Ultracamp (easiest way!) or mail them to: Two Sentinels Girl Scout Camp P.O. Box 10906, Pleasanton, CA 94588
<input type="checkbox"/>	June	You'll receive transportation details by email. Start packing and practice stuffing your own sleeping bag at home!
<input type="checkbox"/>	July/August	Depart for camp! Buses depart Concord at 8am SHARP. Pack a lunch and drink for the ride. Leave all other food, candy, money, and electronics at home!





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Frequently Asked Questions

How do I upload my physician clearance form in Ultracamp?

See [Ultracamp Help Center](#) for instructions.

My parents think camp sounds fun and want to come, too! Can they visit?

No visitors are allowed during camp sessions but we have work parties to open camp at the end of June and to close camp in August. They're great opportunities to share camp with your whole family and help us out at the same time! Food is provided and it's *good*. We'll send more info to the email address we have on file for you.

Parents can also volunteer as full-session staff! We're always on the lookout for energetic volunteers interested in joining the Two Sentinels family for next year! We provide a Tag-a-long unit for boys ages 6-12 and girls ages 6-9 of staff volunteers. Staff register themselves and their kids early. Staff attend camp and all required training free of charge. See our website for more information.

My friend wants to attend camp, too! Is it too late?

Possibly! Have them register NOW if they're interested, as most unit spots are filled within days of registration opening. However, we do everything we can to get as many kids into camp as possible so get on the waiting list!

I'm attending camp alone. What do I do if I don't know anyone?

That's ok! Many campers attend Two Sentinels on their own. If you're especially nervous or have specific concerns, don't hesitate to contact us. We also recommend that you attend the camper kick-off in April to meet some staff and learn about camp so you feel like a pro before you arrive!

Can I get mail at camp?

Yes! Your family can send postcards and letters to you at this address:

Your Name, Session, Unit
Two Sentinels Girl Scout Camp
P.O. Box 295
Kirkwood, CA 95646

Have your family write early! Mail takes 5-7 days to reach us. Letters sent to the Pleasanton P.O. box will not reach you at camp.

NO PACKAGES. These may seem like a good idea, but we are remote and our post office is very small. Our mail is driven over an hour to our location and is carried into camp by hand so we are not equipped to handle anything bigger than letters. Care packages will be returned to sender.

What if I forget something?

Your parent should call us at the camp number (925-289-9469). We can usually find a replacement at camp right away. For things like prescription medications left at home, do not just send them in the mail (they won't reach us before you go home)--we'll work out a solution with you right away!

