

Two Sentinels TAG Packing List

- Pack for both warm and freezing weather. Two Sentinels is at an elevation of 8,000 ft. It's usually warm during the day but can be cold at night. Rain is likely and snow is a (rare) possibility.
- Pack in something soft-sided that you can carry to your unit unaided (do not expect to wheel a bag).
- Pack sleeping bag, sleeping pad, and extra blanket in a separate stuff sack or bag.
- Label everything with first and last name.
- No framed backpacks unless you are backpacking.
- Don't pack in black garbage bags.

SHELTER & SLEEPING GEAR

Tags cozy up to sleep in a nest area with other Tags. Counselors are only a few feet away. Gear is kept in the Tag house. Older tags may choose to bring a small tent for their gear.

- Optional for older tags: tent with rainfly
- Ground cloth - durable plastic, minimum 6x8ft
- Insulating pad - one inch thick as long as shoulder to feet
- Sleeping bag rated for 20 deg F or lower
- 1-2 warm blankets - wool or fleece
- Optional: pillow
- 1-2 pillow cases
- Lovey - stuffed animal, blankie, etc.

EATING & DRINKING GEAR

- 1 quart (one liter) plastic water bottle with screw-on lid (or canteen)- this is the minimum size, hikes are long and hot!

ESSENTIAL GEAR

- Whistle
- 2-3 flashlights – these are often misplaced, so a few small ones work great sources of light
- extra batteries & bulbs

OPTIONAL GEAR – Nice to Have

- watch – remember, no cell phones
- white shirt or pillow case to silkscreen – cotton or 50/50
- chemical hand/foot warmers
- emergency space blanket
- camera – remember, no cell phones
- pencil/pen/permanent marker
- journal
- stationary/postcards – pre-addressed & stamped
- Books – for quiet time – we have some
- CAR SEAT! If your child requires a car seat due to age or size, PLEASE bring it in to camp. Tags are often driven to a trailhead and we need to *keep them safe!*

No Electronic Devices
phones, ipods, mp3/dvd/gameplayers,
e-readers, tablets, etc
No Food, Candy or Gum.
No pocketknives.

PERSONAL HEALTH – UNSCENTED ONLY, SMALL SIZES

- biodegradable soap
- moist towelettes
- toothbrush and toothpaste
- 2-3 chapsticks

PERSONAL HEALTH, cont.

- Shampoo
- conditioner
- Comb/brush
- Hair ties/bands/pins/barrettes
- Nail clippers
- Nail file
- Contact lens supplies
- Spare contact lenses/glasses
- Sunscreen – SPF 30 or above; no aerosol cans
- Insect repellent – up to 30% deet, no aerosol cans
- Deodorant/antiperspirant - optional
- Tissues (or hankie)
- 1-2 Washcloths
- 1-2 Bath towels
- 1-2 Beach towel
- Prescription medication – over the counter meds available at camp

CLOTHING

Head and Face

- hat with brim
- cap for warmth – fleece or wool
- 2 or more bandanas
- Optional – sunglasses w/ UVA/UVB protection

Upper Body

- 8-10 light-weight short-sleeved shirts
- 4-6 light and mid-weight long-sleeved shirts
- 3-4 heavy-weight long-sleeved sweaters or sweatshirts
- warm jacket
- waterproof jacket or poncho – with hood – flimsy ponchos don't last, bring item your Tag cannot rip
- warm jacket
- pair of gloves or mittens – fleece, polyester or wool

Lower Body

- 14 or more pair underpants – extras can be handy
- 3-4 pair shorts or capris
- 6-8 pairs pants
- 3+ pair pajamas – more if a betwetter!
- 2 swimsuits – wetsuits also work fantastically
- pull ups – if appropriate – just in case

Feet

- 20 pairs socks – yes really – we like extras
- 3 pair sturdy shoes or boots with laces
- mesh water shoes – must have closed toe, heel and sides
- optional: boots for rain/snow/mud
- optional: slippers/slip on shoes for night time biffy run